

# EXTENDED LOW FLOW WARMUP

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A WARMUP ALLOWS THE PLAYER THE OPPORTUNITY TO PROPERLY FIX THEIR MINDS ON THE TASKS AT HAND - EAR TRAINING AND BLOOD FLOW TO THE EMOUCHURE. THE EXERCISE BELOW IS LOOSLY BASED ON A POPULAR ROUTINE ENVISIONED BY THE TRUE "FATHER OF BRASS AND WIND," *ARNOLD JACOBS*.

START SLOW AND SURROUND YOURSELF WITH YOUR SOUND.

PLAY BIG BUT NOT LOUD.

SLUR EVERYTHING.

ONCE YOU HAVE THE EXERCISE UNDER YOUR FINGERS THE NEXT CHALLENGE IS TO PLAY EACH KEY IN ONE BREATH, COMFORTABLY. DON'T RUSH THROUGH IT FOR THE SAKE OF SPEED. BE SURE TO KEEP THE BALANCE OF TONE, SPEED, AND AIR IN MIND.

First exercise in C major, 2/4 time. The melody consists of eighth notes: C2, D2, E2, F2, G2, A2, B2, C3, D3, E3, F3, G3, A3, B3, C4. The first staff has a slur over the first six notes. The second staff has a slur over the first six notes. The third staff has a slur over the last six notes.

SLUR ALL

Second exercise in D major, 2/4 time. The melody consists of eighth notes: D2, E2, F#2, G#2, A2, B2, C#3, D3, E3, F#3, G#3, A3, B3, C#4, D4. The first staff has a slur over the first six notes. The second staff has a slur over the first six notes. The third staff has a slur over the last six notes.

This musical score is a warmup exercise consisting of 12 systems of music. Each system contains two staves: a bass staff on the left and a treble staff on the right. The key signature and time signature change every two systems. The first system is in D major (two sharps) and 4/4 time. The second system is in D major (two sharps) and 3/4 time. The third system is in B minor (two flats) and 4/4 time. The fourth system is in B minor (two flats) and 3/4 time. The fifth system is in D major (two sharps) and 4/4 time. The sixth system is in D major (two sharps) and 3/4 time. The seventh system is in D major (two sharps) and 4/4 time. The eighth system is in D major (two sharps) and 3/4 time. The ninth system is in E major (three sharps) and 4/4 time. The tenth system is in E major (three sharps) and 3/4 time. The eleventh system is in F major (one sharp) and 4/4 time. The twelfth system is in F major (one sharp) and 3/4 time. The music is written in a simple, flowing style with eighth and quarter notes, often featuring slurs and ties. The bass staff typically plays a steady eighth-note pattern, while the treble staff plays a more melodic line.



