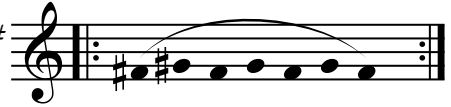


THE SIREN

MARIAN HESSE
ARR. J. JOHNSTON

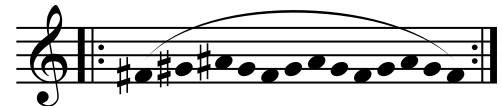
THE SIREN IS AN EXERCISE DESIGNED TO FAMILIARIZE YOU WITH THE HARMONIC SERIES AND ITS IMPORTANCE WITH REGARDS TO THE HORN. THE FIRST FEW EXAMPLES HERE ARE DESIGNED TO INTRODUCE A YOUNGER PLAYER TO THE CONCEPT OF PLAYING SEVERAL DIFFERENT NOTES WITH ONLY ONE FINGERING PATTERN. IF YOU ARE A SEASONED PLAYER LOOKING FOR A WORKOUT SIMPLY SKIP TO THE LAST TWO LINES AND GET TO WORK!!

UNDERSTAND THAT WE WILL BE USING UNCONVENTIONAL FINGERINGS. SLUR BACK AND FORTH BETWEEN AN F# AND A G# USING THE FIRST, SECOND, AND THIRD VALVE ON THE F SIDE OF THE HORN - F123:

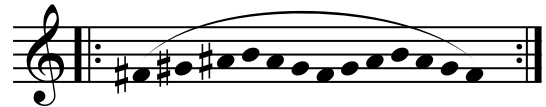


IMPORTANT: DO NOT ARTICULATE!!!!!!
SLUR ONLY!!!

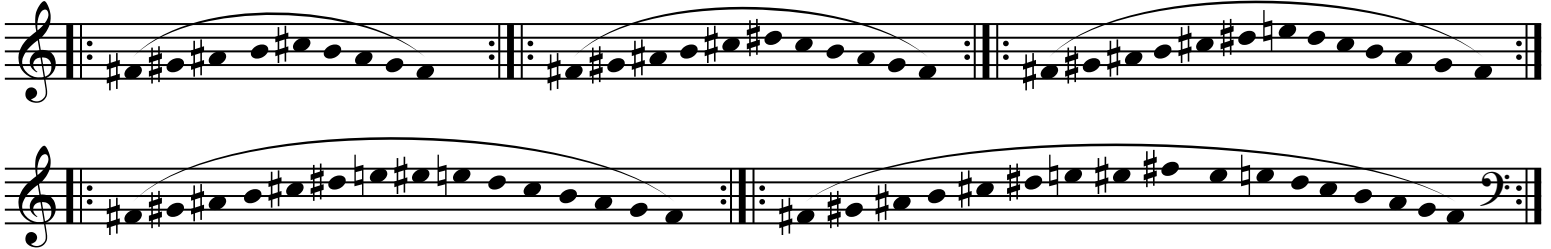
NEXT, USING THE SAME FINGERING, SIMPLY ADD THE NEXT NOTE, IN THIS CASE AN A#:



AGAIN, ADD ONE MORE NOTE TO THE SCALE: B NATURAL (F123)



BE SURE TO WORK THROUGH EACH ITERATION UNTIL YOU ARE ABLE TO COMPLETE THEM CLEANLY WITH A CONSISTENT TONE QUALITY. TAKE YOUR TIME AND DON'T SIMPLY RUSH THROUGH THE EXERCISE.



ONCE FINISHED WORKING THROUGH THE UPPER PART OF THE HARMONIC SERIES ADD ALL NOTES IN THE LOWER OCTAVE (WITH EXCEPTION OF THE FUNDAMENTAL). WORK UP TO BE ABLE TO PLAY IN A CONTROLLED, MEASURED WAY. ONCE YOU HAVE ACCOMPLISHED THIS, SWITCH BETWEEN CONTROLLED AND REALLY RIPPING THE UPPER OCTAVE. CONTINUE UP CHROMATICALLY USING F13, F23, F12, F1, F2, F0



THE SIREN. COMPLETE WITH THE APERTURE ONLY, EXTERNAL EMOUCHURE MUSCLES SHOULD STAY FIRM AND FIXED. ASCENDING - SQUEEZE DOWN ON AIR STREAM WITH THE APPERTURE. PRODUCE A THIN, FAST, AND STRONG AIR STREAM (THINK SPAGHETTI) THEN RELAX (IN A CONTROLLED FASHION) WITH A THICKER AIR STREAM WHEN COMING DOWN. THERE SHOULD BE VERY FEW EXTERNAL SIGNS INDICATING A CHANGE OF PITCH. CONTINUE UP CHROMATICALLY USING: F13, F23, F12, F1, F2, F0, Bb23, Bb12, Bb1, Bb2, Bb0

