

FOX TONES

Jason Johnston

Developed by Fred Fox, this exercise is designed to improve the players single tonguing speed. Set the metronome to the point where the 16th note portion of the exercise is challenging but achievable. When tonguing be sure to tongue behind the front teeth (do NOT use a "dah" or "tah" articulation, it keeps the tongue up too high). Fast tonguing requires efficiency. The more tongue muscle used the slower the articulation produced, use the tip of the tongue.

$\text{♩} = 100$ Sequence #1

Sequence #2: Continue exercise diatonically through sequence 8 (below)

Sequence #8

Apply the pattern above to an entire diatonic scale. During this exercise, titled *Top Tones*, you will continually "return" to the upper note rather than occasionally "reaching" for it. Play this exercise in 3 separate octaves in your "Key of the Day." Push your single tongue tempo!!