

DOUBLE TONGUING

WENDELL RIDER
ARR. J. JOHNSTON

DOUBLE TONGUING IS A SIMPLE EXERCISE IF YOU START OFF PRACTICING SLOWLY AND CORRECTLY. SAY, OUT LOUD, THE FOLLOWING WORDS: 'TUH' AND 'KUH'. DO NOT USE 'TAH' AND 'KAH'. THEY PUT YOUR TONGUE IN AN INCORRECT AND INEFFICIENT POSITION. THE 'TUH' TONGUE POSITION SHOULD ACTUALLY BE THOUGHT OF AS 'THUH' - AS IN SAYING THE WORDS 'THE' AND 'UH' TOGETHER. 'THE' PUTS THE TIP OF THE TONGUE IN THE CORRECT POSITION AND 'UH' PUTS THE BACK OF THE TONGUE IN THE CORRECT POSITION. SUBSEQUENTLY, USE 'KUH' FOR 'K'.

IT IS IMPOTANT TO REMEMBER THAT IT IS NOT GOING TO SOUND VERY GOOD AT A SLOW SPEED. DON'T WORRY ABOUT IT, THIS IS JUST ONE OF THOSE THINGS THAT TAKES TIME AND DISCIPLINE. A SLOW TEMPO IS DIFFICULT TO DO BUT IF YOU WORK ON THE PRONUNCIATION AT A SLOW SPEED IT WILL HELP LATER. START SLOW!!!

NOTICE THE ACCENTED NOTES, THEY EMPHASIZE THE 'KUH' ARTICULATION, BE SURE TO OVEREMPHASIZE THE NOTE. IT IS FINE IF IT IS LOUDER THAN THE STANDARD 'TUH' ARTICULATION. AFTER SOME TIME ALL ARTICULATIONS WILL SOUND THE SAME EVEN THOUGH THEY ARE APPROACHED VERY DIFFERENTLY. THE EXERCISE BELOW WAS INITIALLY DEVELOPED BY *WENDELL RIDER*.

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